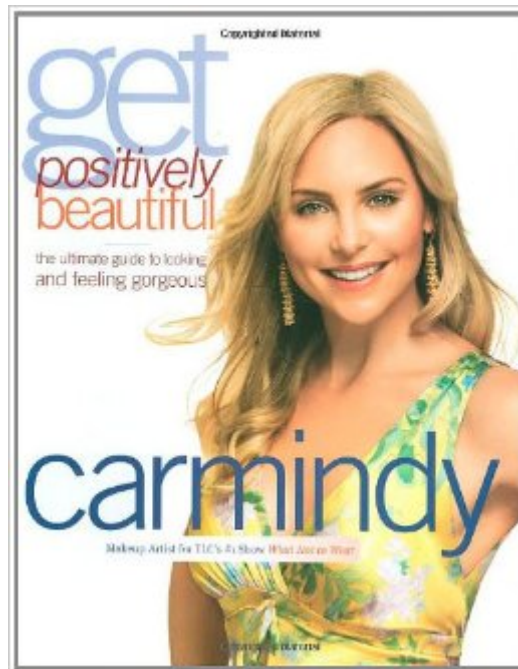


The book was found

Get Positively Beautiful: The Ultimate Guide To Looking And Feeling Gorgeous



Synopsis

According to a recent study, only 2% of women describe themselves as 'beautiful.' (Dove Global Study 'The Real Truth About Beauty: A Global Report', 2004) The media instructs women how to 'look ten years younger,' 'cover up wrinkles,' or 'get fuller, plumper lips.' And even makeup products play off womens' insecurities, promising to conceal perceived flaws, define cheekbones, or make eyelashes fuller and longer. The underlying message? That there's something inherently wrong with the way women look and that they have to spend time, money, and energy keeping up with all the ways they should 'fix' themselves. In GET POSITIVELY BEAUTIFUL, makeup artist Carmindy from TLC's hit program What Not to Wear shows you how to change your mindset from negative fault-finding to a positive beauty philosophy. You learn how to find and focus on your best features and how to combat negative thoughts about your appearance. Carmindy demonstrates easy makeup techniques for eyes, brows, lashes, lips, cheeks, and skin, and how to adapt looks to different weather conditions and 'beauty moods.'

Book Information

Hardcover: 224 pages

Publisher: Center Street (October 7, 2008)

Language: English

ISBN-10: 1599951436

ISBN-13: 978-1599951430

Product Dimensions: 8.4 x 0.9 x 10.2 inches

Shipping Weight: 2 pounds

Average Customer Review: 4.2 out of 5 starsÂ Â See all reviewsÂ (48 customer reviews)

Best Sellers Rank: #905,651 in Books (See Top 100 in Books) #49 inÂ Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Cosmetics #185324 inÂ Books > Religion & Spirituality

Customer Reviews

This is a superb book for women who feel out-of-touch with beauty products, colors and trends, or struggling a little with self esteem. If you look in the mirror and think, "Why bother?" or "Where do I start? What do I do?" this is the book for you. Carmindy's advice is heavy on pep talk. It's a very positive book. She also delivers precise, clear tips (with a product list at the back of the book) for specific issues. The question-and-answer sections -- broken into sections such as eyes, skin, etc. -- are also helpful and cover a wide range of ages, skin types, and skin tones and colors. I'm a former model and now "of a certain age"... meaning over 50. While I have some "Where do I start?" issues,

and her Q&A section answered several questions for me, this wasn't my favorite makeup book. (I highly recommend *The Makeup Wakeup: Revitalizing Your Look at Any Age* for anyone over 40, and certainly for 50+, 60+, and beyond.) In "Get Positively Beautiful," I really liked Carmindy's photo illustration showing exactly what makeup she carries when she travels. I also appreciated her advice for air travel, including getting on board wearing no makeup and lots of moisturizer. (I routinely do that, knowing I don't look my best at the boarding gate.) Carmindy's five-minute face advice was intriguing enough that I've ordered her book, *The 5-Minute Face: The Quick & Easy Makeup Guide for Every Woman* to learn more.

[Download to continue reading...](#)

Get Positively Beautiful: The Ultimate Guide to Looking and Feeling Gorgeous
Herbal Body Lotion: 25 Ways To Make Lotion In Your Own Kitchen For Gorgeous And Radiant Looking Skin
The Gentleman's Guide to Life: What Every Guy Should Know About Living Large, Loving Well, Feeling Strong, and Looking Good
Looking Forward, Looking Back: A Hitchhiker's Guide to Research on Social and Sustainable Investment
The Globetrotter's Get-Gorgeous Guide: Diet and Beauty Secrets of Travel and Beauty Pros, Traveling Executives and Celebrity Travelers
Happy Herbivore
Light & Lean: Over 150 Low-Calorie Recipes with Workout Plans for Looking and Feeling Great
Achieving Vibrance: A Seven-Minute-a-Day Plan for Feeling, Looking, and Being Younger
Looking Out, Looking In: Anthology of Latino Poetry
Looking Out, Looking In: Anthology of Latino Poetry (Hispanic Civil Rights)
(Hispanic Civil Rights (Paperback))
Feeling Happy, Feeling Safe
A Beautiful Wedding: A Beautiful Disaster Novella (Beautiful Disaster Series)
The Ultimate Guide To Skin Whitening: The Permanent, Most Effective Solution For Increasing Complexion And Having Beautiful Skin (Beautiful Skin, Improve ... Complexion, Become Fair, Skin Pigmentation)
Cat Training: The Definitive Step By Step Guide to Training Your Cat Positively, With Minimal Effort (Cat care, Kitten Care, Cat Behavior, Cat Language)
Anti-Aging Skin Care: Anti-Aging Skin Care Techniques for Beautiful, Flawless and Younger Looking Skin
Gift Basket Design Book: Everything You Need To Know To Create Beautiful, Professional-Looking Gift Baskets For All Occasions
The Baseball Maniac's Almanac: The Absolutely, Positively, and without Question Greatest Book of Facts, Figures, and Astonishing Lists Ever Compiled
Anti Inflammatory Diet: The Ultimate Guide to Looking 10 Years Younger, Having More Energy and Less Pain (Diet Therapy Diet Therapy Guide, Diabetes 101, Diabetes Guide,)
The Body Doesn't Lie: A 3-Step Program to End Chronic Pain and Become Positively Radiant
Positively Fifth Street: Murderers, Cheetahs, and Binion's World Series of Poker
Don't Forget the Parsley: And More from My Positively Filipino Family

[Dmca](#)